New Models in Physical Education:

Developmental Movement and the Spectrum of Styles

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DEVELOPMENTAL MOVEMENT* AS A MODEL

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1. A Need for Classification – A basis for curricular selection.
2. The three Value Systems: FUNCTIONAL; ASSIGNED; INTRINSIC.
3. The INTRINSIC Value System – The Foundation of DEVELOPMENTAL MOVEMENT.
5. Identification of D. of D. in various attributes.
6. Let us examine ONE attribute and let’s design ALTERNATIVE MOVEMENTS (variations).
7. The concept of Movement INSTANCE.
8. The 3-D model of DEVELOPMENTAL MOVEMENT.
9. DEVELOPMENTAL MOVEMENT as a curricular basis for both Individualized Instruction and Education for Individuality (Inclusion and Exclusion in Education).

* Mosston, Muska: Developmental Movement
Charles E. Merrill Books, Columbus, Ohio (1965)
DEVELOPMENTAL MOVEMENT – A CONCEPTUAL MODEL

Need for classification model
Which movement to select?

Functional Value System

Intrinsic Value System

Assigned Value System

Criteria for Selection
a.
b.
c.
d.
e.

Criteria for Selection
a. Developmental Value
b.
c.
d.
e.

Criteria for Judgment
a.
b.
c.
d.
e.

Criteria for Selection
a. Developmental Value
b.
c.
d.
e.

Criteria for Judgment
a.
b.
c.
d.
e.

Determined by:
a.
b.
c.
d.
e.

Determined by:
a. Kinesiology
b. Physiology
c. Logical Analysis

Determined by:
a.
b.
c.
d.
e.

The D of D Concept

Attribute Development

Interaction of Attributes with:

Anatomical Dimension

“kind” of movement as a Dimension

3-D Model
Mosston’s 3-D Model of DEVELOPMENTAL MOVEMENT

“Kind” of Movement Dimension

Anatomical Dimension

Abdominal
Arm
Shoulders
Neck
Head

Strength
Speed
Balance
Agility
Accuracy

Attribute Dimension
THE SPECTRUM OF TEACHING STYLES* - A MODEL FOR ALTERNATIVES IN
TEACHING BEHAVIOR

1. The Concept of TEACHING BEHAVIOR
   a. Idiosyncratic vs. Universal
   b. Behavioral variables – Decision Making

2. Teaching Behavior interacting with Learning Behavior
   a. Role of learning theories
   b. Role of Social theories
   c. Role of Self-Concept theories

3. The need for a Universal Integrate Theory of Teaching

4. The Spectrum of Teaching Styles
   a. The axiom: T.B. = a chain of D.M.
   b. The Anatomy of a style
   c. The theoretical limits concept in D.M.
   d. The evolvement of A STYLE
   e. The SHIFT in D.M. – The Spectrum!
Mosston, Muska: Teaching Physical Education: From Command to Discovery
Charles E. Merrill Books, Columbus, Ohio (1966)