

## Abstract

Examines the effects of 3 teaching styles (command, practice, and reciprocal) from M. Mosston's (e.g., Mosston and S. Ashworth, 1986) spectrum of teaching styles in terms of motor skill acquisition and retention of a rifle-shooting task. 135 university students enrolled in 9 riflery classes were assigned to 1 of the 3 treatment groups, with 1 physical education instructor for all 3 groups. All 3 teaching styles facilitated motor skill acquisition and retention, with command and practice styles being significantly superior to the reciprocal style. (PsycINFO Database Record (c) 2016 APA, all rights reserved)

## Citation

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