

Chatoupis, C. (2016). Planning Physical Education Lessons as Teaching “Episodes.” *Strategies*, 29(2), 20–26.

<https://doi.org/10.1080/08924562.2015.1133355>

Abstract

An “episode” is a unit of time within which teachers and students are working on the same objective and are engaged in the same teaching/learning style. The duration of each episode, as well as the number of them in a single lesson, may vary. Additionally, the multiple episodes of a lesson may have similar objectives, offer similar learning experiences, and lead to similar outcomes (same objective design); or they may also have different objectives, offer different learning experiences, and lead to different outcomes (multiple objective design). All lessons can be designed as a series of episodes. However, few lesson episodes are deliberately designed using a variety of teaching and learning experiences and objectives. The purpose of this article is to show physical educators how to think in terms of “episodes” and adopt a multiple-objective design approach. For that purpose, a lesson plan format and two exemplary lesson plans specially designed for “episodic” teaching are provided and discussed.