

SPECTRUM NEWS

An annual newsletter brought to you by The Spectrum Institute for Teaching and Learning

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A MESSAGE FROM THE BOARD

Dear friends and colleagues,

The Spectrum Institute with the support of Sara Ashworth (1946-2022) started a series of initiatives under the most unusual pandemic situation of our times. In a short period of time, we at the SITL: a) gathered Spectrum experts so that colleagues from around the world could communicate their way of teaching the Spectrum, b) initiated a grant program to fund and promote Spectrum related research, and c) established a special award for high quality Spectrum related articles.

We are empowered by Sara's vision and will continue to work collaboratively with many colleagues to best fulfill our mission. In this newsletter, you will find a short description of what we have done and what we will continue to do moving forward. We would also like to thank those who have contributed to our previous initiatives, and we call everybody to keep in touch for what is coming in the near future.

On behalf of the SITL Board,

You can read more about our board members [here](#).

WHAT HAPPENED IN 2022?

2022 has been an exciting year for the Institute. It was our first full year of being in operation. We kicked off the year by introducing the **Spectrum Research Grant** program and the **2021 Outstanding Journal Publication of the Year Award**. We had many excellent submissions for both programs. The grant award winners from this year were Dr. Jamie Brunsdon at the University of Memphis, and Drs. Kelly Simonton and Kanae Haneishi of the University of Wyoming and Western Colorado University, respectively. You can read more about their grant proposals [here](#).

There were also two articles that won the **2021 Outstanding Journal Award**. The first article to be recognized was *Physical Education Teachers' Use of Digital Game Design Principles* and the second was *Higher-Order Factors and Measurement Equivalence of the Spectrum of Teaching Styles' Questionnaire Across Two Cultures*. You can read more about the articles and their fantastic authors [here](#).

In addition, we also had the workshop series **Hearing from the Spectrum Experts**. It was a series of five sessions that spanned from January to March.

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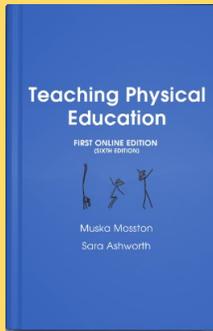


Our Mission:

The Mission of the Spectrum Institute for Teaching and Learning is to promote, enhance, disseminate, and propagate the Spectrum of Teaching Styles. The Spectrum of Teaching Styles is a theory based on learner and teacher decision-making, and guided by four principles, (a) universal, (b) non-versus, (c) non-idiosyncratic, and (d) common terminology. The Spectrum Institute for Teaching and Learning will provide a focus/center/means for teachers, teacher educators, pedagogical scholars, and curriculum developers to study and perfect the art and science of teaching through the Spectrum of Teaching Styles.

It's Free!

Download a free copy of the online edition of Mosston and Ashworth's *Teaching Physical Education* [here](#).



Apply to become a Colleague!

Join our community. Click [here](#) and fill out an application to become a colleague. We would love to have you!



Research Resources

Doing research on the Spectrum of Teaching Styles, and you want to know what others have written about it? Check out our [Article Library!](#)

Many experts like Brendan SueSee, Maria Espada, Mark Byra, Lucia Gomes, and more were able to share their knowledge of the Spectrum. If you missed it, you can watch the recordings [here](#).

On August 26th, we had the opportunity to present at **AIESEP Connect**. Mark Byra, Wei Feng-Min, Nikolaos Digelidis, Donetta Cothran, and Pamela Kulinna shared with the over 50 participants information about where the Spectrum is and some areas of research that have yet to be explored. You can watch the recording [here](#).

Unfortunately, 2022 has also been a year of loss. In April of this year we lost our dear friend, colleague, and founder Dr. Sara Ashworth.

All in all, it has been a busy year, and we are looking forward to seeing what 2023 will bring us.

A Sneak Peek at 2023

Here is a sneak peek into some great new projects we will be rolling out in the coming year. There will be a Zoom workshop series next spring, and the presentation slots will be 30 minutes long this time. We will also be offering a more diverse series of times so that more colleagues from around the world will be able to present at times that are more convenient for them. In addition, the Grant Program and the Outstanding Journal Award will be reopened. Keep an eye out on our social media pages for those announcements.

Furthermore, we are currently working on an online Spectrum of Teaching Styles course that anyone interested in becoming certified in the Spectrum can do to understand the Spectrum conceptually and practically.

A few colleagues are working on translating the online edition of *Teaching Physical Education* (Mosston & Ashworth, 2008) into a few other languages.

There is a possibility that the Institute will be creating relationships with a few universities. If you believe that your university would be interested in this, reach out to the board using the email below.

In addition, there will be an opportunity for colleagues to apply for mini-grants for those who will present on the Spectrum at national and international conferences.

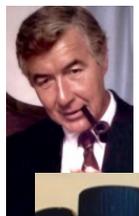
REMEMBERING WHO MADE ALL THIS POSSIBLE

The Spectrum Institute would once again like to thank Alexander Lankler and our own recently and dearly departed Dr. Sara Ashworth whose generous funding has made all of this possible. We thank them from the bottom of our hearts.

We would also like to thank and remember Drs. Muska Mosston and Sara Ashworth for their tireless work in creating and spreading the knowledge of the Spectrum of Teaching Styles with the world.

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