

## Subject Matter Objectives

When the Self-Check Style is achieved, the following subject matter objectives are reached:

- ▶ To develop kinesthetic awareness in physical performance by individually practicing and assessing performance
- ▶ To gain independence in performing the task
- ▶ To practice the sequence intrinsic to assessment and feedback skills
- ▶ To be able to correct errors in one's task performance
- ▶ To increase active time-on-task
- ▶ To master the content leading to automatic performance
- ▶ Others