

# Guided Discovery Style-F

## Learning Focus

The learning focus of the Guided Discovery Style is to develop logical and sequential thinking. In this style questions are designed in a logical and sequential series that leads a learner to discover a predetermined concept, principle, relationship or rule that was not previously known.

**Q1:** Define balance.

**Q2:** Place yourself in maximum balance.

**Q3:** I'm going to check to see if this is your most balanced position by giving you a little push.

**Q4:** Now, arrange yourself in a position that is a little less balanced.

**Q5:** Move to another position that is even less balanced.

**Q6:** What's your least balanced position?

### TARGET CONCEPT:

**A wide based, low position is more balanced and stable than a narrow-based, high position.**

**State the difference between your most balanced and your least balanced position.**



All subject matter has content that is appropriate for the different teaching styles. Physical activities were selected to more visually convey the decision making concept of each style.